



INDEPENDENT TANG SOO DO ASSOCIATION

South Hills Karate Academy

1711 Route 885

West Mifflin, PA 15122

412-418-3688



2022 20th Dan Classing Examination & Recertification

I hope this communication finds you doing well. The purpose of this communication is to inform you of the format along with the dates and times of our upcoming **20th Dan Classing Examination and Recertification Testing**.

The examination and recertification process will take place **Thursday June 2nd - Saturday June 4th** and coincide with our Summer Training Clinics.

We will be hosting Grandmaster Daryl Khalid, 8th Dan along with Master John Dove, 7th Dan. They will both be instructing along with grading the presentation portion of the Dan Testing. They will also be instructing special Training Clinics which are part of the **20th Dan Classing Examination and Recertification Testing**.

Below you will find all of the information that you will need to help you prepare for the upcoming event. **The Training Clinics are mandatory for Dan Testing as detailed below.** Please read the **Schedule of Events carefully!**

I also suggest that you review review your requirements which can be found in the [Yu Gup Ja Training Manual](#) and Yu Dan Ja can review their requirement by clicking [here](#). Also be sure to review the Student Gup Manual to review Bunhae Ki Sul.

You can download the necessary registration forms here depending on your eligibility:

[Dan Promotion Application](#)

[Yu Dan Ja Recertification Forms](#)

Note: the Dan Testing Fee covers the cost of all Training Clinics! You can also pay for the Dan Testing online [here](#).

Dates and Times

20th Dan Classing Examination and Recertification Testing Dates & Times:

- ✦ **Thursday June 2nd: 6:00PM - 9:00PM**
- ✦ **Friday June 3rd: 6:00PM - 8:00PM**
- ✦ **Saturday June 4th 9:00AM - NOON:**
South Hills Karate Academy Dan Testing
- ✦ **Saturday June 4th: 2:00PM - 4:00PM**

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Schedule of Events

Note all below times are estimated

Clinic #1

Thursday June 2nd: 6:00PM - 9:00PM

(please arrive early for warm-up as we will start right into training at the 10:30AM start time)

Mandatory for all testing candidates

Material: Chi Gong and Practical Application training with Master Dove and Master Garbowsky

Train in the softer side of Tang Soo Do with special ChiGong (energy training) with Master Dove and Bunhai Ki Sul (practical self-defense) techniques contained in the Traditional Hyung (forms) of Tang Soo Do with Master Garbowsky. Saturday, August 29th

Clinic #2

Friday June 3rd: 6:00PM - 8:00PM

(please arrive early for warm-up as we will start right into training at the 10:30AM start time)

Mandatory for all red belts that have not completed all their pre-testing testing

Material: Tang Soo Do Sparring with Grandmaster Khalid

Learn both traditional and advanced sparring techniques for class and tournament sparring from Grandmaster Khalid!

Saturday June 4th:

9:00AM - NOON: South Hills Karate Academy Dan Testing - Presentation Portion

(please arrive early for warm-up as we will start right into training at the 10:30AM start time)

Clinic #3

Saturday June 4th: 2:00PM - 4:00PM

(please arrive early for warm-up as we will start right into training at the 10:30AM start time)

Mandatory for all testing candidates

Material: Iron Shirt ChiGong with Grandmaster Khalid

Train in the very special aspects of Iron Shirt ChiGong 铁衫 with Grandmaster Khalid. IronShirt is a form of hard style martial art exercise believed to help protect the human body from impacts in a fight. This is one of the 72 arts of the Shaolin Temple

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In addition we will also have a special training session for all testing candidates on Thursday May 26th from 6:30PM - 8:30PM. We will focus on the following requirements:

- Advanced Combinations
- Required Hyung
- Ill Soo Shik Dae Ryun
- Bun Hai Ki Sul (Bunkai)

Written Essays

Cho-Dan Candidates and Dans testing for full rank will need to have their written essays submitted no later than 2 weeks after the physical testing directly no later than **Friday, June 24th**. You can email them to me in an electronic format at mastergarbowsky@gmail.com.

Testing for Cho Dan:

Two Written Essays (500 words total)

1. Discuss the meaning, history, and techniques of the Passai Dae hyung
2. Discuss the topic "What Tang Soo Do Means to Me"

Testing for Ee Dan

Two Written Essays (500 words total)

1. Why I Continue To Study Tang Soo Do
2. What is the Meaning Of Ru Pa

Testing for Sam Dan

Three Written Essays (1000 words total)

1. Discuss the meaning and history of the Ro Hai Hyung
2. Discuss the essential characteristics of Tang Soo Do which make it unique and different from other martial art styles
3. Discuss your personal understanding and philosophy of self—defense including its meaning, purpose and application.

Testing for Sa Dan and above:

One Written Essay (500 words total)

1. Discuss your personal understanding and philosophy of and method of instructing basics, hyung, sparing, history and philosophy.

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2022 20th Dan Classing Examination & Recertification Eligibility

Yu Dan Ja	Dan Bon #	Current Rank	Eligible	School
Rank Testings				
Oh Dan Candidates				
Denny Pruni	USA 09-07	Sa Dan	Oh Dan	SHKA 51
Kevin Fedorchak	USA 12-02	Sa Dan	Oh Dan	SHKA 51
Garrett Treager	USA 12-10	Sa Dan	Oh Dan	SHKA 51
Sa Dan Candidates				
Dave Potts	USA 13-06	Sam Dan	Sa Dan	SHKA 51
Sam Dan Candidates				
Conrad N. Trunzo Jr.	USA 16-20	Ee Dan	Sam Dan	SHKA 51
Brennan N. Trunzo	USA 16-21	Ee Dan	Sam Dan	SHKA 51
Trevor C. Trunzo	USA 16-22	Ee Dan	Sam Dan	SHKA 51
Ee Dan Candidates				
Sydney Schreiber	USA 18-14	Cho Dan	Ee Dan	SHKA 51
Andrew Schreiber	USA 18-15	Cho Dan	Ee Dan	SHKA 51
Kaitlyn Schreiber	USA 18-16	Cho Dan	Ee Dan	SHKA 51
Sydney Sodini	USA 18-18	Cho Dan	Ee Dan	SHKA 51
Lilly Goe	USA 19-01	Cho Dan	Ee Dan	SHKA 51
Cho Dan Candidates				
Jared Thompson			Cho Dan	SHKA 51
Nicole McCambridge			Cho Dan	SHKA 51
Logan Brava-Hamlin			Cho Dan	SHKA 51



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Yu Dan Ja	Dan Bon #	Current Rank	Eligible	School
Lynn Potts			Cho Dan	SHKA 51
Madeline Potts			Cho Dan	SHKA 51
Colby Engel			Cho Dan	Elizabeth
Braden Panek			Cho Dan	SHKA 51
Bryan Lin			Cho Dan	SHKA 51
Joao Martinez-Lopes			Cho Dan	SHKA 51

Finally, we will have a celebration after the last Saturday training clinic. More details will be distributed as we get closer to the event.

Regards,

Master Gene Garbowsky
President & Founder, Independent Tang Soo Do Association

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