

TANG SOO DO
MARTIAL WAY
ASSOCIATION



唐手道武道館

TANG SOO DO MARTIAL WAY ASSOCIATION

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FALL FESTIVAL IN PITTSBURGH

INCLUDING

TANG SOO DO NATIONAL OPEN CHAMPIONSHIPS

Action Packed
Weekend!

Friday

Tang Soo Do
Training Clinics

Saturday

Tang Soo Do
Karate
Championships!

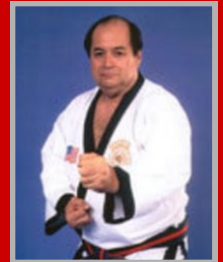
PITTSBURGH, PA



Friday & Saturday
September 24th & 25th!

Featuring
Tang Soo Do
Legend
Grandmaster
Andy Ah Po

Founder of the
Tang Soo Do
Martial Way
Association



Competitions In

SPARRING - BREAKING - FORMS - WEAPONS



For More Information
Call 412-670-3801

Event Hosted By

South Hills Karate Academy

Information and Registration Form Downloadable at

www.southhillskarate.com



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South Hills Karate Academy

Dear Masters, Instructors and Tang Soo Do Practitioners,

I hope today finds you in good spirits and in health!

On behalf of Grandmaster Andy Ah Po and Senior Ko Dan Ja Members of the Tang Soo Do Martial Way Association, I would like to invite you to the **Tang Soo Do Fall Festival in Pittsburgh, PA.** This event has been held. The **weekend of September 24th and 25th** will contain exciting training opportunities including the opportunity to practice under **the direct supervision of Tang Soo Do legend Grandmaster Andy Ah Po!**

This year will prove to be our most exciting year ever with our **Tang Soo Do National Open Championship!** We have selected one of the highest quality facilities in the Pittsburgh area to host our event, Court Time Sports Complex. This is a state of the art facility and includes professional level locker rooms, access to a full-time gym and training facility. We plan a high quality Tang Soo Do event and a traditional tournament that is well organized along with fair judging. We are confident that after attending the Fall Festival and National Tang Soo Do Karate Championships, you will be completely satisfied!

Respectfully,

Master Gene Garbowsky

Master Gene Garbowsky
Event and Tournament
Director



Grandmaster Ah Po and Senior Members of
The Tang Soo Do Martial Way Association

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Weekend!

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Event Location

Court Time Sports Complex
95 Enterprise Drive
Elizabeth, PA 15037

Directions and Web:

www.courttimesportcenter.com

Hotel Information

Spring Hill Marriott Suites
1000 Regis Avenue Pitts-
burgh, PA 15236
412-650-1000

Comfort Inn

1340 Lebanon Church Road
West Mifflin, PA
412-653-6600

Location:

Court Time Sports Complex, Elizabeth, PA

Fall Festival Training Clinics:

Gup Training Clinics: \$40.00, per event
Dan and Ko Dan Ja Training Clinics: \$80.00, per event

Competition Fee:

\$55.00, first event - \$20.00 each additional event at the door

Pre-Registration Fee: \$45.00, first event - \$10.00 each additional event

Spectator Fee:

\$10.00 - Adults
\$5.00 - Children *(Tournament Registrants receive 1 Free Spectator Ticket!)

See Events
Page
For Detailed
Information

For More Information
Call 412-670-3801

Pre-Register For All Events By
9/20/2010!

Information and Registration Form Downloadable at

www.southhillskarate.com





Events Detail Listing

Z Gup Training Clinic - \$40.00

Friday, September 24th (4:00 - 5:15 PM)

Tang Soo Do Martial Way Association Ho Sin Sul Training

Learn the basics of self-defense with instruction in the required Tang Soo Do Martial Way Association Ho Sin Sul self-defense techniques.

Z Gup Training Clinic - \$40.00

Friday, September 24th (5:30 - 6:30 PM)

Tournament Sparring Techniques and Competitive Hyung

Learn effective time tested tournament sparring techniques. This clinic will be designed to help you prepare for the 2010 International Tang Soo Do Championships. Additionally, receive expert advice and tips to assure proper execution of your hyung in a competitive environment.

Z Dan Training Clinic - \$80.00

Friday, September 24th (6:00 - 8:00 PM)

Advanced Tang Soo Do Hyung

Train in advanced **Dan Level Tang Soo Do hyung** under the direct supervision of Kwan Jang Nim Ah Po. Grandmaster Ah Po will not only assure the correct technical execution of hyung but also characteristically correct to ensure that the proper power associated with hyung techniques is manifested.

Z Dan Training Clinic - \$80.00

Friday, September 24th (8:00 - 9:15 PM)

Theory of Self-Defense Against Knife and Club

Train with Tang Soo Do legend Grandmaster Ah Po in defense against both bladed and non-bladed weapons (short stick). *Practice weapons will be made available!*

Z Tang Soo Do Karate National Championships - \$55.00 for each event

Saturday, September 25th

\$10.00 each additional event

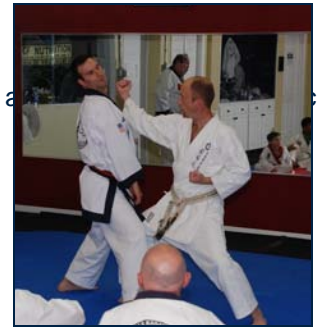
- < 8:00 AM - Registration Opens
- < 9:30 AM - Opening Ceremony and Awards Presentation
- < 10:00 AM - Officials and Referee Meeting
- < 10:00 AM - Competition Opens

Z Ko Dan Ja Training Clinic - \$80.00

Saturday, September 25th (4:30 PM - after tournament conclusion)

Developing a Higher Level Of Conscious Awareness

Grandmaster Ah Po, known for his outstanding demonstrations and instruction in the manifestation of Chi, will be conducting a training clinic on developing a higher level of conscious awareness. This is an opportunity for Ko Dan Ja to connect with their Chi, develop a higher level of awareness. **You will not want to miss this exciting opportunity!**



Event Discounts

Register For Both Gup Clinics For: \$60.00

Register For Both Dan Clinics For: \$120.00

Register For Dan Clinics and Ko Dan Ja Clinic For: \$200.00

Entire Weekend Registration including tournament: \$250.00

See Registration Form!

For More Information
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Pre-Register For All Events By
9/20/2010!

Information and Registration Form Downloadable at www.southhillskarate.com



TANG SOO DO

NATIONAL OPEN CHAMPIONSHIPS

Forms Divisions

Grand Champion Forms
All Black Belt Winners Compete!

Masters Black Belt 1st 2nd 3rd 3rd

MEN
Black Belt (1st Dan) 1st 2nd 3rd 3rd
Black Belt (2- 3rd Dan) 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

WOMEN
Black Belt (1st Dan) 1st 2nd 3rd 3rd
Black Belt (2- 3rd Dan) 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

MINI PEE WEE
(Girls and Boys 7 years and under)
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

PEE WEE
(Boys and Girls 8-10 years old)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

MINI JUNIOR
(Girls and Boys 11-13 years old)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

JUNIOR
(Girls and Boys 14-16 years old)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

SENIOR
(36 years old and up)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

Breaking Divisions

Masters Black Belt 1st 2nd 3rd 3rd

MEN
(16 years old and up)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

WOMEN
(16 years old and up)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

BOYS AND GIRLS I
(12-13 years old)
Black Belt 1st 2nd 3rd 3rd

Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

BOYS AND GIRLS II
(14-15 years old)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

CHILDREN
(Boys and Girls 8-11)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

PEE WEE
(Boys and Girls 7 and under)
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

Weapons Divisions

Black Belt Men (17yrs +) 1st 2nd 3rd 3rd
Black Belt Women (17yrs +) 1st 2nd 3rd 3rd
Black Belt Boys (13 - 16yrs) 1st 2nd 3rd 3rd
Black Belt Girls (13 - 16yrs) 1st 2nd 3rd 3rd
Black Belt Junior Boys (up to 12yrs) 1st 2nd 3rd 3rd
Black Belt Junior Girls (up to 12yrs) 1st 2nd 3rd 3rd
Red Belt (7-10) 1st 2nd 3rd 3rd
Red Belt (11-16) 1st 2nd 3rd 3rd
Red Belt (17 +) 1st 2nd 3rd 3rd
Green Belt (7-10) 1st 2nd 3rd 3rd
Green Belt (11-16) 1st 2nd 3rd 3rd
Green Belt (17 +) 1st 2nd 3rd 3rd
White, Yellow Orange (7-10) 1st 2nd 3rd 3rd
White, Yellow Orange (11-16) 1st 2nd 3rd 3rd
White, Yellow Orange (17 +) 1st 2nd 3rd 3rd

Sparring Divisions

Grand Champion Sparring
All Black Belt Winners Compete!

MENS MASTERS SPARRING 1st 2nd 3rd 3rd

MEN
BLACK BELTS
Light Weight 1st 2nd 3rd 3rd
Middle Weight 1st 2nd 3rd 3rd
Heavy Weight 1st 2nd 3rd 3rd

RED BELTS
Light Weight 1st 2nd 3rd 3rd
Middle Weight 1st 2nd 3rd 3rd
Heavy Weight 1st 2nd 3rd 3rd

ORANGE YELLOW WHITE BELTS
Light Weight 1st 2nd 3rd 3rd
Middle Weight 1st 2nd 3rd 3rd
Heavy Weight 1st 2nd 3rd 3rd

WOMEN
BLACK BELTS
Light Weight 1st 2nd 3rd 3rd
Middle Weight 1st 2nd 3rd 3rd
Heavy Weight 1st 2nd 3rd 3rd

RED BELTS
Light Weight 1st 2nd 3rd 3rd
Middle Weight 1st 2nd 3rd 3rd
Heavy Weight 1st 2nd 3rd 3rd

RED BELTS 1st 2nd 3rd 3rd

4 Grand Champions!

Adult Forms

Junior Forms

A Y b D g ' G d U f W o i h e n s Sparring

GREEN BELTS 1st 2nd 3rd 3rd
ORANGE YELLOW WHITE BELTS 1st 2nd 3rd 3rd

SENIOR MEN
(36 yrs old and up)
BLACK BELTS
Light Weight 1st 2nd 3rd 3rd
Heavy Weight 1st 2nd 3rd 3rd
RED BELTS 1st 2nd 3rd 3rd
GREEN BELTS 1st 2nd 3rd 3rd
ORANGE YELLOW WHITE BELTS 1st 2nd 3rd 3rd

SUPER SENIOR MEN
(50 yrs old and up)
BLACK BELTS 1st 2nd 3rd 3rd
RED BELTS 1st 2nd 3rd 3rd
GREEN BELTS 1st 2nd 3rd 3rd
ORANGE YELLOW WHITE BELTS 1st 2nd 3rd 3rd

PEE WEE BOYS
(8-10 years old)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

MINI JUNIOR BOYS
(11-13 years old)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

JUNIOR BOYS
(Boys 14-16 years old)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

PEE WEE GIRLS
(8-10 years old)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

MINI JUNIOR GIRLS
(11-13 years old)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

JUNIOR GIRLS
(Boys 14-16 years old)
Black Belt 1st 2nd 3rd 3rd
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd

MINI PEE WEE CHILDRENS
(Boys and Girls 7 years and under)
Red Belt 1st 2nd 3rd 3rd
Green Belt 1st 2nd 3rd 3rd
Orange, Yellow, White Belt 1st 2nd 3rd 3rd



Important Information

Mandatory Sparring Equipment

- ◁ Protective Cup (Men)
- ◁ Mouth Piece
- ◁ Hand and Forearm Pads
- ◁ Shin & Instep Pads

Additional

- ◁ Absolutely No Face Contact
- ◁ We reserve the right to deny entry to anyone
- ◁ Birth Certificate May Be Required To Confirm Age
- ◁ No Refunds
- ◁ Traditional Tournament Sparring Rules Apply
- ◁ We Reserve The Right To Modify, Change or Combine Divisions the Day Of The Tournament